

POLE SOCIETY TIMETABLE 2011



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
1.30-2.30pm			Advanced Beginners Pole - Cath £5 per class		6-7pm *Spin City Induction* Zoe FREE OF CHARGE	10-12pm Pole Practice Varie/Zoe
1.30-2.30pm			Beginners Pole Kate P £5 per class			
2.30-3.30pm			Beginners Pole Cath £5 per class			
2.30-3.30pm			Beginners Pole Kate P £5 per class			
3.30-4.30pm			Advanced Beginners Pole - Cath £5 per class			
3.30-4.30pm		Aerial Hoop Alex £7.50 per class	Beginners Pole Kate P £5 per class			
4.30-5.30pm	5-6pm Advanced Intermediate Pole – Cath/Varie £5 per class	Aerial Hoop Alex £7.50 per class	Intermediate Pole Cath £5 per class	Spinning Pole Kate P £5 per class		
4.30-5.30pm	5-6pm Beginners Pole Kate P £5 per class		Beginners Pole Kate P £5 per class			